



MEDICARE COSMETICS

OUR TREATMENTS

Enhancing your natural beauty

MEDICARE COSMETICS

dedicated to aesthetics

Why Medicare?

Our aim is to bring you the highest standard of service possible. Our team includes; An educator for Finishing Touches Training School and multiple technicians that hold diplomas of excellence in cosmetic and medical tattooing, level 4 laser and IPL technicians that have broad experience in anatomy, physiology, psychology and health psychology who offer the most advance techniques of laser hair removal and IPL treatments. Technicians that are qualified in advanced beauty therapy level 2-5 and other higher level educators in the beauty sector who, using their advanced treatment knowledge, not only offer exceptional treatments but continually raise the standards of the treatments within the two clinics. We are also proud holders of contracts with James Cook University Hospital and The Private Clinic, performing medical and cosmetic tattooing treatments.

Who we are

Medicare Cosmetics Ltd was set up by Emma Holmes, her aim being to offer treatments in a clinical, professional environment that provide exceptional results every time. Medicare Cosmetics has clinics based in Redcar and Middlesbrough in the North East. The Medicare Team consists of highly qualified and experienced technicians who hold higher level qualifications in skin rejuvenation, Cryotherapy and Microneedling to name a few. They have a wealth of knowledge and skills to carry out our extensive range of up to the minute aesthetic and rejuvenation treatments ensuring that Medicare has continuing excellent client care.

What we do

The services we provide have been picked especially to suit different cosmetic, rejuvenation and medical needs. Our procedures aim to enhance clients natural features, improve the quality of clients skin and also boost their confidence.

Book your FREE consultation today to receive bespoke advice from one of our technicians. Consultations are always in-depth and informative. It is important to us to provide clients with the knowledge to make an informed decision before going ahead with their treatment.



A TEAM YOU CAN TRUST

IPL (INTENSE PULSED LIGHT) LASER TREATMENTS

Hair Removal

Say goodbye to messy and painful waxing and daily shaving. We have the most effective permanent hair reduction systems so you can be rest assured that you will receive the most suitable treatment for you and your hair type. Laser hair removal offers a long-term solution to unwanted or excess hair for both men and women and is suitable for most areas of the face and body including fine/blonde/grey downy hair. A course of treatments is recommended for permanent hair reduction.

Acne

Acne can be effectively treated with IPL alone or in combination with other clinical treatments. IPL treatments greatly reduce the number and severity of active lesions, lessening the inflammation and frequency of break-outs.

Pigmentation Marks

Pigmentation can occur for a number of reasons and can include freckles, age spots and sun damaged skin. Some can be a natural occurrence as we age. From the age of 40 the skin is less able to regenerate from sun exposure and age spots begin to appear as a result. Pigmented lesions such as sun spots and freckles can be successfully removed with IPL creating a more flawless, youthful and glowing appearance.

Skin Rejuvenation

Treatments can include collagen stimulation, wrinkle improvement and skin tone improvement. Skin rejuvenation treatments offer a solution for all the visible signs of ageing caused by sun damage, such as brown spots, redness, uneven skin texture, lines and wrinkles. Short pulses of light are released to target the discolouration and to create a more youthful /even complexion.

Vascular Treatments

These include rosacea, thread veins, flushed skin and leg veins. We can provide a long term solution to these facial problems in just a few quick and easy treatments. Depending on the lesions, leg vessels can also respond well to treatment.

Fungal Nail

Laser treatment is an option if you have a fungal nail infection that is particularly stubborn. The laser emits high doses of light energy, which are used to destroy the fungus. Research shows that laser treatment is a safe and effective procedure, with some studies reporting a success rate of up to 90% at three months.

Prices

Facial Hair Removal	From £25
Body Hair Removal	From £25
Pigmentation	From £30
Thread Veins	From £30
Rosacea	From £30
Acne	From £45
Leg Veins	From £40



SUITABLE FOR MEN AND WOMEN

SEMI PERMANENT MAKE-UP

PRICES

Semi permanent or 'permanent' make-up is a micro pigmentation treatment performed using hypoallergenic pigments. These treatments all fade over time and may require six month/yearly enhancing.

Eyebrows

Eyebrow tattooing is becoming increasingly popular amongst women and men of all ages. Eyebrows are known for framing and lifting the face, giving a more youthful appearance. Eyebrow styles vary depending on the clients individual face shape, skin tone, age and hair colour. All eyebrows that we treat are bespoke to each client.

Eyeliner/Eyelash Enhancement

Eyeliner is commonly known for smudging and fading, achieving a perfectly crisp line every time can be challenging. Our eyeliner treatments can provide these results for you with minimum effort required in the mornings! Eyeliner tattooing defines, perfectly shapes the eyes and helps to thicken the appearance of the lashes. Alternative to eyeliner, eyelash enhancement is through the lashes, creating a more natural appearance. We have a wide range of colours to suit everyone and compliment an individual's eye colour.

Lip Liner and 'Blush'

Lip liner and blush adds definition, a burst of colour and a plumper appearance to your lips - this is a great alternative to dermal fillers. Lip liner and blush creates a crisp, defined lip line. As we age, our lips become thinner and lose their natural colour - this treatment restores the youthful look back to your lips. We have a wide range of colours that you will be able to choose on the day of your appointment.



Semi Permanent Make-up Removal/Correction

Only too often have we been asked to correct someone else's work. Semi permanent makeup removal can usually be achieved using medical dry needling or a process called "Rejuvi" - which is a non-laser technique commonly used to remove tattoos on the body.

You will be required to have a free consultation prior to any treatment undertaken, so that we can advise what option would be most effective for you. Sometimes only a partial removal is needed.

Beauty Spots

Beauty spot tattooing is a great way to save yourself pencilling and worrying about smudging with the correct placement. This unique treatment is one which can enhance an area of your face.

We are not able to tattoo over moles, your technician can give you advice on placement and size on the day of your appointment.

Scalp Tattooing or Camouflage

This treatment is ideal for men and women who suffer from different types of hair loss or areas of the scalp that can no longer produce hair.

This treatment involves tattooing the entire scalp (to create a shaven hair look), the hairline, or particular areas of the scalp to disguise thinning hair or hair loss to create a denser appearance to the hair. This treatment can also be used to treat scarred areas of the scalp.

Treatment	Junior Technician	Technicians	Senior Technicians
Eyebrow Tattooing	£180 (£90 per treatment, 2 treatments needed 4-6 weeks apart)	£250 (£125 per treatment, 2 treatments needed 4-6 weeks apart)	£350 Second treatment included
Colour Rebalancing	£70	£70	£70
Lip liner	£180 (£90 per treatment, 2 treatments needed 4-6 weeks apart)	£200 (£100 per treatment, 2 needed 4-6 weeks apart)	£250 Second treatments included
Lip liner and blush	£180 (£90 per treatment, 2 treatments needed 4-6 weeks apart)	£250 (£125 per treatment, 2 treatments needed 4-6 weeks apart)	£350 Second treatment included
Full lip colour	£180 (£90 Per treatment, 2 treatments needed 4-6 weeks apart)	£300 (£150 per treatment 2 needed 4-6 weeks apart)	£400 Second treatment included
Full lip colour	£180 (£90 Per treatment, 2 treatments needed 4-6 weeks apart)	£300 (£150 per treatment 2 needed 4-6 weeks apart)	£400 Second treatment included
Top OR Bottom Eyeliner	£150 (£75 per treatment, 2 treatments needed 4-6 weeks apart)	£200 (£100 per treatment, 2 treatments needed 4-6 weeks apart)	£250 Second treatment included
Top and bottom Eyeliner	£200 (£100 per treatment, 2 treatments needed 4-6 weeks apart)	£250 (£125 per treatment, 2 treatments needed 4-6 weeks apart)	£350 Second treatment included
Colour Boosts	£90	6 Months £90 12 Months £180	6 Months £90 12 Months £180
Colour wash eyeliner			£450
Cleft Palette Rebalancing			£400
Semi Permanent Makeup Correction			P.O.C
Eyebrow Removal Full Brow (Rejuvi)			£100 per treatment
Eyebrow Removal Fronts or Tails (Rejuvi)			£80 minimum charge per treatment
Microblading			Approx £180 • From £90 per treatment, 2 needed. 4-6 weeks apart

WRINKLE RELAXING AND DERMAL FILLER TREATMENTS

At **Medicare Cosmetics** we offer a wide range of line relaxing and dermal filler treatments. Over time our faces age and everyday movements leave their mark. Our skin also loses its contour and plumpness. Wrinkle relaxing and dermal filler treatments help to bring back the appearance of fullness and freshness. All treatments will be carried out by our fully qualified aesthetic practitioner, in our clinical surroundings. Consultations are available free of charge and all options will be fully discussed before treatment commences.

Line Softening

This treatment relaxes the muscles and gives a smoother look to areas with lines/wrinkles which occur naturally as we age. This treatment is not permanent - the effects can last several months and further treatments can be given when the effects have worn off.

From £140 this price includes initial consultation and 2 week review.

Dermal Fillers

Dermal fillers can be injected in small amounts to restore volume and structure to a facial feature. At Medicare we use fillers made from the natural substance hyaluronic acid.

Lip Fillers - Used to define the lip line (border) of the lip and restore/create volume in the lip.

Nasal Labia - The lines or deep creases from the nose to the corners of the mouth.

Marionette Lines - The lines from the corner of the mouth to the bottom of the chin.

Peri Oral (smokers lines) - To plump out fine lines across the top of the mouth, caused by smoking/ageing.

Mouth Corners (down turning) - Also known as sad mouth. Filler can lift these areas and help to reduce this.

Chin - Deep creases and even dimples can develop on our chin over time. Filler can be used to bring back fullness in these areas.

1/2ml From £85

1ml From £170



DERMA ROLLER

Derma roller is a very effective treatment for greatly reducing scarring, stretch marks and cellulite

Stomach	£60 - £80	Hips	£60 - £80
Thigh and legs	£70 - £90	Bum	£60 - £80

Discount applied if more than one area

DERMAPEN

Dermapen is the aesthetic industry number one choice. It is a revolutionary micro-needling treatment which aims to tighten, lift and rejuvenate the skin. It can effectively treat hard to reach places as around the nose and lips. It is ideal for treating fine lines, wrinkles, surgical/acne/trauma scars, stretch marks and pigmentation.

Whole face £105 x 1 treatment

Neck £80 x 1 treatment

DERMA ROLLER FACIAL

Benefits

- A roller of needles which causes pin point bleeding to the skin
- Encourages new skin cells to regenerate • Stimulates collagen • Reduces scarring
- Minimises fine lines & wrinkles

Areas - Full Face

Recommended amount of treatments - We recommend a course of treatments 4-6 weeks apart.

£75 per treatment



BOOK A FREE CONSULTATION

TREATMENTS TO MAKE YOU FEEL GREAT

LIPO CONTRAST

Lipo Contrast Body Sculpting

The most advanced, non-invasive CryoLipo treatment

What is LipoContrast?

Lipo contrast is a new medical grade body contouring treatment based on advanced Cryothermal technology. This treatment creates rapid results by heating, cooling and heating the fat cells, resulting in the removal of body fat without damage or invasive methods.

33% of treated fat tissue will be eliminated and gradually breaks down through the metabolic system. This procedure is also a cellulite reducing treatment. Around 80% of the final result will be visible in around 20 days.

Lipo contrast can target large or small areas such as the flanks, upper and lower back, thighs, knees, arms and double chin through multi sized applicators. Other areas may be available on request.

The advantages

1. Faster and superior fat reduction compared with normal cryolysis procedures.
2. Increased effectiveness on fibrous fat.
3. Avoids traumatic experiences of invasive treatments such as liposuction.

£70 one area £120 two areas
£150 three areas £180 four areas



PRP Therapy

This is a skin rejuvenation treatment that uses your bodies own platelet rich plasma to cause the skin to repair and rejuvenate itself. This treatment is great for overall complexion improvement, fine lines and wrinkles, large pores and acne scarring.

Platelet Rich Plasma Therapy works on the basis that the body's own natural healing powers may slow and even reverse the ageing process. This is a revolutionary repair system that places growth factors in the exact location where you would like the skin to repair itself.

Platelet rich plasma (a component of the blood) has been highly effective in treating burns and skin injuries.

A course of these treatments will be necessary to ensure maximum results. From then, one or two yearly visits are recommended.

Area	Price (per treatment)
Mouth	£80
Eyes	£60
Neck	£120
Cheeks	£100
Stretch Marks and scars	P.O.C
Forehead	£80

CRYOPEN

Cryopen is an advanced cryotherapy innovation that is a fast, effective, safe and new solution for removing skin imperfections.

CryoPen offers the ideal treatment for removal of:

- Skin tags
- Sun spots
- Age spots
- Millia
- Warts
- Cherry angioma (Blood Moles)
- Viral verrucae

You will find that many of these procedures are no longer being treated by Doctor's via the NHS.



Millia Extraction

£15 - 15mins
£30 - 30mins
£45 - 45mins

Warts

Small area £30
Medium area £35
Large area £40

Cherry Angioma

Small area £10
Medium area £20
Large area £30

Skin Tags

Small area £30
Medium area £35
Large area £40

Age/sun spots

Small area £15
Medium area £25
Large area £35

Millia

Small area £10
Medium area £20
Large area £30

Verruca

Small area £30
Medium area £35
Large area £40

MEDICAL TATTOOING

Medical Tattooing is a progressive form of permanent cosmetics. This technique, once mastered, can be used to treat patients for different kinds of medical conditions by using an implantation technique to imbed pigments into the dermal layer of the skin.

Colours for these particular treatments are chosen carefully and are bespoke to each and every client.

Skin Camouflage

Skin Camouflage is one of the many medical techniques that benefits patients who have skin disorders like Vitiligo or others who may have de-pigmentation of the skin due to an accident, stretch marks or scars that have healed leaving a de pigmentation mark. Skin camouflage does not remove the imperfections, however it improves the aesthetic appearance of such imperfections, leaving patients and clients alike, feeling confident and a little more like themselves again.

Prices from £80

Toenail Tattooing

Although some may not consider this medical tattooing, having no toenail(s) can make someone feel self conscious and even embarrassed. Therefore finding themselves limiting what they wear. People may not realise that this is a treatment that can be done and can restore someone's confidence and self esteem.

P.O.C.

Eyelash Tattooing

Along with scalp micro-pigmentation, eyelash tattooing is a treatment that creates the illusion of eyelashes. After suffering with hair loss, many people feel as though this is an essential procedure, to help open up and re define their eyes. Suffering hair loss in such a visible area can be extremely unsettling for many people, this procedure allows them to rehabilitate their appearance and feel positive again.

P.O.C.

Hair Loss/Scalp Tattooing

Clients who have suffered with hair loss due to certain illnesses, medication or alopecia can benefit from scalp camouflage or scalp micro-pigmentation. Scalp Camouflage is the plantation of medical grade hypoallergenic pigment in to the scalp which can then either be blended in to existing hair to give an illusion of thicker or denser hair or used to create a shaven hair look where there was previously little or no hair at all. This treatment can be important to men and women, helping restore their confidence after suffering with hair loss.

£200 per hour



Deliberate Self Harm (DSH) Scars

Scarring from self harming is something that people feel self conscious about and constantly worry about covering up. We offer treatments which can help soften the scarring and therefore make them less visible. A course of treatments will be recommended to every client depending on the scarring and the area of scarring.

P.O.C.

MEDICAL TATTOOING

Scar Camouflage

Can be used to camouflage scars on the face and body to make the scars appear similar to a clients skintone.

Prices from £80



Syndactyly 'Webbed' Fingers or Toes

We can help disguise 'webbed' fingers or toes by tattooing the area to create the illusion of a 'gap' in between. Using carefully selected pigments and colours, a shadowed look can be created.

P.O.C.

Cleft Lip Rebalancing

Cleft lip and palate are very common conditions. Around one in every 600 to 700 babies in the UK are born with one of these conditions, or with a combination of both. Cleft reconstruction is performed on a daily basis in Britain and achieves fabulous results.

Corrective surgery to the cleft lip or palate can be hugely rewarding and successful. However, scarring is inevitable and is usually always visible right into adulthood. Medicare Cosmetics have procedures that can minimise the visual appearance of these scars.

P.O.C.

Medical Dry Needling

Multi-trepanic Collagen Actuation (MCA) is a non-surgical and natural way of softening the scars following cleft reconstruction. The treatment involves dry needling that relaxes the area making scar tissue more flexible. The skin can be softened and made more elasticated. An anaesthetic solution is used during this procedure.

MCA works by stimulating the epidermis layer of skin. The dry needling causes inflammation and swelling to the area treated. Fibroblasts produce collagen and elastin begins the healing process causing re-pigmentation to occur.

P.O.C.



Areola Tattooing

Areola tattooing; commonly referred to as nipple tattooing, is a micropigmentation procedure which can be used for medical or cosmetic purposes. The aim of his procedure is to improve the cosmetic appearance of the breast by creating as closely as possible a nipple/areola colour that matches the existing nipple (if applicable).

Reconstructive breast tattooing (re-pigmenting) the areola gives a natural appearance to the breast, many clients are referred to us via a scheme we have with the NHS. However, we welcome clients who may wish to have this procedure privately, perhaps after having breast augmentation/uptift surgery or for cosmetic reasons. We can also treat men who have had breast surgery.

P.O.C.



Our practice works alongside James Cook University Hospital in Middlesbrough on a referrals basis. However, clients can make appointments privately.

PEELS AND FACIALS

Chemical Peels - Can be used on most areas of the body for the skin problems listed below.

Glycolic Acid

Benefits

- Anti ageing
- Unifies skin tone
- Reduces expression lines and superficial wrinkles
- Improves the appearance of lines and grooves in the skin
- Reduces the appearance of superficial acne scars
- Helps with skin flaccidity (sagging and drooping)
- Helps with alteration in colour of the skin

From £30

Lactic Acid

Benefits

- Great for dull skins
- Reduces expression lines and very superficial wrinkles
- Suitable for around the eyes
- Softens the appearance of lines and grooves in the skin
- Anti ageing
- Improves rosacea and the dilation of blood vessels

From £30

Salicylic Acid

Benefits

- Controls oil and grease production
- Reduces pore size
- Evens skin tone
- Reduces superficial acne scars
- Helps with dry patches of skin caused by sun damage
- Helps with seborrhoeic dermatitis

From £30

Mandelic Acid

Benefits

- A good all round treatment for all skin types
- Great for a build up of dry skin
- Reduces rosacea
- Helps reduce pigmentation
- Normalises the production of sebum (oil)
- Diminishes pores
- Unifies skin tone
- Helps with alteration in colour of the skin

£40

TCA

Benefits

- For all skin types
- Helps with moderate photoageing
- Reduces superficial and medium wrinkles
- Dullness
- Pigmentation
- Superficial marks
- Acne scars

£60

Skinade - Collagen drink for beautiful skin

Skinade is a multi-award winning, natural peach and mangosteen flavoured anti-ageing collagen drink containing a patent pending formulation of active ingredients that boosts your body's natural production of collagen and hyaluronic acid. Skinade improves the way your skin looks and feels in as little as 30 days.

1 month supply (30 drinks) - £99

1 month supply

(20 drinks, weekdays only) - £66

PEELS AND FACIALS

Hyaluronic Facial

Benefits

- Anti-ageing
- Freshens and smooths the skin
- Improves skin elasticity
- No down time
- Evens skin tone
- Leaves the skin with a healthy glow

Areas - Full face, neck or chest.

Recommended amount of treatments -

Can be used as a 'one off' for a special occasion or as a part of a course of treatments. Clients can have this treatment once a week.

Face - £45

Face and Neck - £54

Face, Neck and Chest - £65

Micro lifting Facial

Benefits

- Produces collagen
- Reduces scarring, acne marks and pock marks
- Helps with uneven skin tone
- Deep exfoliation
- Reduces fine lines and wrinkles
- Smoother, younger looking skin
- Enlarged pores
- Milia

Areas - Full face / Selected problem areas of the face

Recommended amount of treatments -

We recommend a course of treatments 4-6 weeks apart from each other for maximum results.

Whole Face - £100

Neck - £80

Face (Upper or lower half) - £75

Cheeks - £80

Eyes - £60

Add hyaluronic acid to your facial for an extra £20 per area.



MICRODERMABRASION & GOLD COLLAGEN MASK

Benefits

- Gentle exfoliation
- Removes dead, dry and scaly skin
- Collagen production
- Improves skin tone and texture
- Eliminates blackheads and whiteheads
- Reduces clogged, enlarged pores

Areas – Anywhere of concern. The most popular places are the neck, face, back and shoulders.

Recommended amount of treatments – Can be used as a 'one off' or a course of weekly treatments followed by maintenance treatments once a month.

From £25 per treatment

COMBINE YOUR TREATMENTS FOR MAXIMUM EFFECT

Microdermabrasion face and neck
£35

Microdermabrasion and peel
£50

Microdermabrasion and extraction
£45

Microdermabrasion and Chemical Peel (BACK)

Full back £100
Shoulders and half back £100
Half Back £60

Chemical Peel and Derma Roller
£115

The above treatments are suggested combinations that we know make a difference – Please ask our advice if unsure about any combination.

OUR ADVANCED MEDICAL SKINCARE RANGE

Medik8 is a professional strength skincare range that is suitable for both ladies and men, with proven successful results. These products and high in potency, clinically backed up and all manufactured in the UK. The range includes moisturisers, gels, post treatment recovery care, cleansers and sunscreens. Some of the products are particularly helpful for acne breakouts and anti ageing factors.

Men particularly like the moisturisers because they have a matt look and soak into the skin whilst being very effective for hydration.

If you would like to discuss any of these products and would like recommendations, please ask one of the Medicare team, they will be more than happy to advise.



Beta Cleanse	£23.50	Hydr8 Day	£52.00
Beta Gel	£31.00	360 SPF 30	
Beta Moisturise	£36.00	Hydr8 Night	£36.00
Hydr8 B5 Serum	£38.00	Physical Sun Screen	£32.00

MIDDLESBROUGH CLINIC ONLY

Cool lifting gun/Cryoglobe

Cool lifting gun

Benefits

- Intense collagen stimulation
- Treats facial wrinkles
- Improves elasticity
- Encourages collagen repair
- Drains excess fluid
- Dermis regeneration
- Improves skin quality
- Pain free!

Cryoglobe

Benefits

- Suitable for all skin types
- All natural
- Encourages vascular microcirculation
- Relaxed, firmer skin
- Great for; redness, fine lines, dull skin, facial firming, hydrating and lifting.

Areas – Full face and neck

Recommended amount of treatments

– Can be used as a 'one off' or as a course of treatments. Clients can have this treatment twice a week.

These two treatments are carried out as a combination – £45

These two treatments along with our other treatments can be used alone or in combination with each other for optimum results. Your technician will be able to advise which combinations are best suited to you.

Waxing

What is usually considered a painful procedure becomes a breeze thanks to LYCON! Lycon wax removes hairs as short as 1mm, making your waxing experience virtually pain free.

Waxing is suitable for both men and women.

Areas

- Back
- Chest
- Chest and shoulders
- Shoulders and back
- Underarms
- Eyebrows
- Nostrils

MAKE-UP, BROWS AND LASHES, NAILS, MANICURES AND PEDICURES

We are delighted to offer added services and treatments in our Middlesbrough Clinic for both men and women.

These include a wide range of make-up treatments including make-up lessons and bridal make-up.

HD Brows, brow tinting and shaping. Lash tinting and dramatic lashes.

Treatments for nails include gel polish, file and polish, Express nails, Express nail removal or just a cut and file.

Our range of manicures and pedicures leave your hand and feel smooth and moisturised.

For appointments for the Middlesbrough Clinic please see the back page of this brochure.

Book your complimentary consultation today

and make the most of

looking good and feeling great!

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Also at

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Visit our website for more information on our treatment
www.medicarecosmetics.co.uk