



MEDICARE
COSMETICS

MALE TREATMENTS

Enhancing your natural appearance

MEDICARE COSMETICS

dedicated to aesthetics

Who we are

Medicare Cosmetics was set up by Emma Holmes to offer treatments in a clinical, professional environment that provide exceptional results.

Medicare Cosmetics are clinics based in Redcar and Middlesbrough in the north east and the Medicare team consists of qualified and experienced technicians who have a wealth of knowledge and skills to carry out our extensive range of up to the minute aesthetic and rejuvenation treatments.

Why Medicare?

Our aim is to bring you the highest standard of service possible. Our team includes; An educator for Finishing Touches Training School and multiple technicians that hold diplomas in cosmetic tattooing, cryotherapy, micro skin needling and skin rejuvenation treatments. We are proud holders of contracts with James Cook University Hospital and The Private Clinic, performing medical tattooing treatments.

What we do

The services we provide have been picked especially to suit different cosmetic, rejuvenation and medical needs. Our procedures aim to enhance clients natural features, improve the quality of clients skin and also improve their confidence.

Book your FREE consultation today to receive bespoke advice from one of our technicians. Consultations are always in depth and informative. It is important to us to provide clients with the knowledge to make an informed decision before going ahead with their treatment.



A TEAM YOU CAN TRUST

MALE TREATMENTS

At Medicare we believe if it's good enough for her it's good enough for you. Over the last five years we have seen a dramatic rise in the demand for male treatments. We have realised that men do not desire the same effects that women wish to achieve and one typically wish to be less vocal about having treatments. We operate under a strict confidentiality policy for your peace of mind.

Some of our most popular treatments are line erasers, fat eliminating for love handles and gynaecomastia (male breasts), acne and skin rejuvenation – not forgetting laser hair removal.

The smoother the skin the smoother the shave, say goodbye to red irritated skin.

Microdermabrasion & Gold Collagen Mask

Benefits

- Gentle exfoliation
- Removes dead, dry and scaly skin
- Collagen production
- Improves skin tone and texture
- Eliminates blackheads and whiteheads
- Reduces clogged, enlarged pores

Areas – Anywhere of concern.

The most popular places are the neck, face, back and shoulders.

Recommended amount of treatments –

Can be used as a 'one off' or a course of weekly treatments followed by maintenance treatments once a month.

From £25 per treatment

Lipo Contrast Body Sculpting

The most advanced, non-invasive CryoLipo treatment

What is LipoContrast?

Lipo contrast is a new medical grade body contouring treatment based on advanced Cryothermal technology. This treatment creates rapid results by heating, cooling and heating the fat cells, resulting in the removal of body fat without damage or invasive methods.

33% of treated fat tissue will be eliminated and gradually breaks down through the metabolic system. This procedure is also a cellulite reducing treatment. Around 80% of the final result will be visible in around 20 days.

Lipo contrast can target large or small areas such as the flanks, upper and lower back, thighs, knees, arms and double chin through multi sized applicators. Other areas may be available on request.

The advantages

1. Faster and superior fat reduction compared with normal cryolysis procedures.
2. Increased effectiveness on fibrous fat.
3. Avoids traumatic experiences of invasive treatments such as liposuction.

£70 one area
£120 two areas
£150 three areas
£180 four areas



ENHANCE YOUR NATURAL APPEARANCE

COMBINE YOUR TREATMENTS FOR MAXIMUM EFFECT

Microdermabrasion face and neck
£35

Microdermabrasion and peel
£50

Microdermabrasion and extraction
£45

Microdermabrasion and Chemical Peel (BACK)

Full back £100

Shoulders and half back £100

Half Back £60

Chemical Peel and Derma Roller
£115

The above treatments are suggested combinations that we know make a difference - Please ask our advice if unsure about any combination.

OUR ADVANCED MEDICAL SKINCARE RANGE

Medik8 is a professional strength skincare range that is suitable for both ladies and men, with proven successful results. These products and high in potency, clinically backed up and all manufactured in the UK. The range includes moisturisers, gels, post treatment recovery care, cleansers and sunscreens. Some of the products are particularly helpful for acne breakouts and anti ageing factors.

Men particularly like the moisturisers because they have a matt look and soak into the skin whilst being very effective for hydration.

If you would like to discuss any of these products and would like recommendations, please ask one of the Medicare team, they will be more than happy to advise.



MULTIPLE TREATMENTS AVAILABLE

WELCOMING, APPROACHABLE, KNOWLEDGEABLE

IPL (INTENSE PULSED LIGHT) LASER TREATMENTS

Hair Removal

We have the most effective permanent hair reduction systems so you can be rest assured that you will receive the most suitable treatment for you and your hair type. Laser hair removal offers a long-term solution to unwanted or excess hair for men and is suitable for most areas of the face and body. A course of treatments is recommended for permanent hair reduction.

Acne

Acne can be effectively treated with IPL alone or in combination with other clinical treatments. IPL treatments greatly reduce the number and severity of active lesions, lessening the inflammation and frequency of break-outs.

Pigmentation Marks

Pigmentation can occur for a number of reasons and can include freckles, age spots and sun damaged skin. Some can be a natural occurrence as we age. From the age of 40 the skin is less able to regenerate from sun exposure and age spots begin to appear as a result. Pigmented lesions such as sun spots and freckles can be successfully removed with IPL creating a more flawless, youthful and glowing appearance.

Skin Rejuvenation

Treatments can include collagen stimulation, wrinkle improvement and skin tone improvement. Skin rejuvenation treatments offer a solution for all the visible signs of ageing caused by sun damage, such as brown spots, redness, uneven skin texture, lines and wrinkles. Short pulses of light are released to target the discolouration and to create a more youthful /even complexion.

Vascular Treatments

These include rosacea, thread veins, flushed skin and leg veins. We can provide a long term solution to these facial problems in just a few quick and easy treatments. Depending on the lesions, leg vessels can also respond well to treatment.

Fungal Nail

Laser treatment is an option if you have a fungal nail infection that is particularly stubborn. The laser emits high doses of light energy, which are used to destroy the fungus. Research shows that laser treatment is a safe and effective procedure, with some studies reporting a success rate of up to 90% at three months.

Treatment Area	Cost Per Session
Face Hair Removal	from £25
Body Hair Removal	from £25
Pigmentation	from £30
Thread Veins	from £30
Rosacea	from £30
Acne	from £45
Leg Veins	from £40
Fungal Nail	P.O.C



CRYOPEN

Cryopen is an advanced cryotherapy innovation that is a fast, effective, safe and new solution for removing skin imperfections.

CryoPen offers the ideal treatment for removal of:

- Skin tags
- Sun spots
- Age spots
- Millia
- Warts
- Cherry angioma (Blood Moles)
- Viral verrucae

You will find that many of these procedures are no longer being treated by Doctor's via the NHS.



Warts

Small area £30
Medium area £35
Large area £40

Cherry Angioma

Small area £10
Medium area £20
Large area £30

Skin Tags

Small area £30
Medium area £35
Large area £40

Age/sun spots

Small area £15
Medium area £25
Large area £35

Millia

Small area £10
Medium area £20
Large area £30

Verruca

Small area £30
Medium area £35
Large area £40

MALE TREATMENTS

Chemical Peels - Can be used on most areas of the body for the skin problems listed below.

Glycolic Acid

Benefits

- Anti ageing
- Unifies skin tone
- Reduces expression lines and superficial wrinkles
- Improves the appearance of lines and grooves in the skin
- Reduces the appearance of superficial acne scars
- Helps with skin flaccidity (sagging and drooping)
- Helps with alteration in colour of the skin

From £30

Lactic Acid

Benefits

- Great for dull skins
- Reduces expression lines and very superficial wrinkles
- Suitable for around the eyes
- Softens the appearance of lines and grooves in the skin
- Anti ageing
- Improves rosacea and the dilation of blood vessels

From £30

Salicylic Acid

Benefits

- Controls oil and grease production
- Reduces pore size
- Evens skin tone
- Reduces superficial acne scars
- Helps with dry patches of skin caused by sun damage
- Helps with seborrhoeic dermatitis

From £30

Mandelic Acid

Benefits

- A good all round treatment for all skin types
- Great for a build up of dry skin
- Reduces rosacea
- Helps reduce pigmentation
- Normalises the production of sebum (oil)
- Diminishes pores
- Unifies skin tone
- Helps with alteration in colour of the skin

£40

TCA

Benefits

- For all skin types
- Helps with moderate photoageing
- Reduces superficial and medium wrinkles
- Dullness
- Pigmentation
- Superficial marks
- Acne scars

£60

REJUVENATE YOUR SKIN AND SEE THE DIFFERENCE

MALE TREATMENTS

Melanostop

Benefits

- Removes freckles
- Helps with sun damage and pigmentation
- Reduces dull skin
- Balances uneven skin tone
- Is suitable for areas of the body with pigmentation

£55

Azelan

Benefits

- Great for all types of active acne
- Reduces mild or common rosacea
- Eliminates bacteria that causes breakouts
- Great for acne scars
- Reduces pigmentation

£55

Modified Jessner

Benefits

- Brightens skin
- Reduces photo ageing
- Expression lines and superficial wrinkles
- Loss of firmness
- Dilated pores
- Dull, lacklustre skin
- Sun spots
- Uneven skin tone
- Suitable for acne prone skins

£65

Areas - Peels can be used on different areas of the body, the type of peel used depends on the skin imperfection to be treated.

Recommended amount of treatments - Can be used as a 'one off' and results will still be visible. Some clients may wish to book a course of these treatments to see more substantial results.

Hyaluronic Facial

Benefits

- Anti-ageing
- Freshens and smooths the skin
- Improves skin elasticity
- No down time
- Evens skin tone
- Leaves the skin with a healthy glow

Areas - Full face, neck or chest.

Recommended amount of treatments - Can be used as a 'one off' for a special occasion or as a part of a course of treatments. Clients can have this treatment once a week.

£45

Micro lifting Facial

Benefits

- Produces collagen
- Reduces scarring, acne marks and pock marks
- Helps with uneven skin tone
- Deep exfoliation
- Reduces fine lines and wrinkles
- Smoother, younger looking skin
- Enlarged pores
- Milia

Areas - Full face / Selected problem areas of the face

Recommended amount of treatments - We recommend a course of treatments 4-6 weeks apart from each other for maximum results.

From £60



MALE TREATMENTS

PRP Therapy (NYTOX VAMPIRE TREATMENT)

Benefits

- Can be used on any part of the body or face
- Uses the bodies white blood cells to promote stem cell growth
- A natural way of healing
- Skin rejuvenation
- Reduces scarring
- Stretch mark reduction

Areas - Any part of the body

Recommended amount of treatments - Depends on the area to be treated, typically a course of 4-6 treatments will be recommended.

From £60

WRINKLE RELAXING AND DERMAL FILLERS

Line Softening

This muscle relaxing treatment practically eliminates facial lines that occur naturally due to ageing. Treating 5 different areas, our aesthetician can take off years with this treatment.

Areas

- In between eyebrows (glabella lines)
- Forehead
- Crows feet (sides of eyes)
- 'Bunny' lines (nose scrunch lines)
- Upper lip
- Chin

1 area - £70	2 areas - £120
3 areas - £150	4 areas - £180
5 areas - £220	6 areas - £240

Dermal Filler

This treatment can add volume to sunken areas of the face and restore what we lose as we age.

Areas

- Lips (to create a fuller lip)
- Above the lip (smokers lines)
- Nose to mouth lines (nasal labia)
- Mouth to nose lines (marionette)

1/2ml £100
1ml £160

DERMA ROLLER

Derma roller is a very effective treatment for greatly reducing scarring, stretch marks and cellulite

Stomach £60 - £80

Thigh and legs £70 - £90

Hips £60 - £80

Bum £60 - £80

DERMA ROLLER FACIAL

Benefits

- A roller of needles which causes pin point bleeding to the skin
- Encourages new skin cells to regenerate • Stimulates collagen • Reduces scarring
- Minimises fine lines & wrinkles

Areas - Full Face

Recommended amount of treatments - We recommend a course of treatments 4-6 weeks apart.

£120 for a single treatment, £100 per treatment for multiple treatments



COMBINE YOUR TREATMENTS

TREATMENTS TO MAKE YOU FEEL GREAT

TATTOOING TO ENHANCE APPEARANCE

Scalp Tattooing

Areas

- The full head can be tattooed to create a shaven head look
- We are able to tattoo a hair line to bring it further forward
- Tattooing over bald patches to disguise them
- Tattooing the scalp under thinning hair to make it appear denser

£200 an hour

Scar Camouflage

Areas

- Great for body scarring
- Disguises strip scars from hair transplants
- Can be used to disguise body scarring to make it appear similar to the clients skin tone
- Can treat skin grafts/burns

From £80

Medical Tattooing

Areas

- Can disguise an area of the body which a client may be self conscious about
- Joined toes/fingers (syndactyly)
- Areola (nipple) tattooing
- Eyelash tattooing
- Toenail tattooing
- Brow tattooing – just to enhance your brows or for alopecia clients
- We can tattoo almost any area to disguise an imperfection!

Price on consultation

Tattoo Removal

Areas

- An alternative to laser tattoo removal
- Great results every time!

£80 minimum charge or £150 per hour

“
When you feel great – it shows!
”



Before



After



Before



After



Before



After



GREAT RESULTS

BOOK A **FREE** CONSULTATION

For the Ladies

Most of the treatments in this brochure are also suitable for ladies - Plus we have a range of treatments for

SEMI PERMANENT MAKE UP

including lips and eyebrows.



Spoil the lady in your life with a gift voucher she will love it!

MIDDLESBROUGH ONLY

Cool lifting gun/Cryoglobe

Cool lifting gun

Benefits

- Intense collagen stimulation
- Treats facial wrinkles
- Improves elasticity
- Encourages collagen repair
- Drains excess fluid
- Dermis regeneration
- Improves skin quality
- Pain free!

Cryoglobe

Benefits

- Suitable for all skin types
- All natural
- Encourages vascular microcirculation
- Relaxed, firmer skin
- Great for; redness, fine lines, dull skin, facial firming, hydrating and lifting.

Areas - Full face and neck

Recommended amount of treatments -

Can be used as a 'one off' or as a course of treatments. Clients can have this treatment twice a week.

These two treatments are carried out as a combination - £45

These two treatments along with our other treatments can be used alone or in combination with each other for optimum results. Your technician will be able to advise which combinations are best suited to you.

Waxing

What is usually considered a painful procedure becomes a breeze thanks to LYCON! Lycon wax removes hairs as short as 1mm, making your waxing experience virtually pain free.

Areas

- Back
- Chest
- Chest and shoulders
- Shoulders and back
- Underarms
- Eyebrows
- Nostrils

Anything Else

Brow maintenance/tidy up - we can remove those overgrown pesky brow hairs.

Manly Pedi - A tidy up for your toes. Dirty feet are the breeding ground for all kinds of bacteria. A pedicure can remove any dirt and dead skin which can be problematic. Cutting your toenails at home can lead to cutting too short, or leaving small pieces at the edges, leading to ingrown toenails.

Manlycure - Clip and CLEAN! Trimmed, shaped nails is a great attribute to looking and feeling good. Problems with nail biting can be prevented with a manlycure - often we bite our nails as we are trying to smooth a jagged edge or because we are attempting to 'tidy up' or nails.

Luxury Manlycure - Everything that a manlycure has to offer and then some! Treat yourself, release some stress and enjoy some down time.

Luxury manly pedi - With the use of oils, this luxury take on a manly pedi provides additional bacterial infection - not to mention smooth, smell free feet!

Remember, a good manicurist has seen it all and can help resolve any embarrassing ingrown toenails or dead skin!

Book your complimentary consultation today

and make the most of

looking good and feeling great!

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